

献立表

Table with columns for Date (日/曜), Dish Name (献立名), Ingredients (材料名), Seasoning (調味料), 10:00 Snack (10時おやつ), 3:00 Snack (3時おやつ), and Nutritional Value (栄養価). Rows include meals like '未満児主食ごはん' and 'お弁当' with detailed ingredient lists and nutrient breakdowns.